

PARTNERS IN PROGRESS

Group Therapy for Couples in Monogamous Relationships



Couples will learn techniques for healthy communication, understanding positive conflict and creating intimacy.

This 16 week course will use creative exercises and group discussion to cultivate a supportive group therapy experience.

Insurance accepted & self pay option available

Email Lgoodale@gbcc.com to schedule individual intakes with Heidi Trammell, LCPC

**Wednesdays, 6pm
1363 Becknel Avenue
Odenton, MD 21113**

